

Brockton Community Schools

ADULT ENRICHMENT & RECREATION



Spring 2011 Registration
 Tuesday, March 1, 2011
 Wednesday, March 2, 2011

6:30 – 8:30 p.m.
 Brockton High School Green Cafeteria

Computers

- Introduction to Windows & Computers
- Microsoft Word and Excel
- Microsoft Office 2007
- Internet Shopping
- Social Media

Exercise & Wellness

- Beginner Swimming
- Adult Lap Swimming
- Family Swim
- Aqua Exercise
- Deep Water Walking & Core Conditioning
- Master Training – Adult Swim Team
- Boot Camp
- Pool Pilates
- Yoga
- Zumba
- Circuit Training
- Golf for Beginners
- Tango Dancing
- Strictly Ballroom
- Strictly Latin Dancing
- Badminton – Recreational & Competitive

Classes begin the week of:
 March 14, 2011

Creative Crafts & Foods

- Bags, Boxes & Baubles – an Arts & Crafts Program geared to an integrated skills population
- Wire Working
- Cards & Crafts with Rubber Stamps
- Crafts, Floral Design & Bow Making
- Cooking for Fun
- Cake Decorating like the Pros
- Candy Making, Cookie Bouquet, Brownies & Cupcakes
- Sewing & Quilting 101
- Basic Crocheting
- Fabric Collage
- Jewelry Exploration

Eye/Hand/Mind Coordination

- Instant Piano (for Hopelessly Busy People)
- Auto Repair – beginner/advanced
- Digital Photography
- Exploring Woodworking
- Drawing & Painting
- Voice Class One
- Portuguese for Beginners
- Conversational Spanish
- Learn Hypnosis for Fun!
- The Intuitive Mind

Specialty Courses

- Introduction to Family Law
- How to Fix Your Credit (1 night only – March 21st)
- Real Estate 101 for Buyers & Sellers (1 night - March 23rd)
- Getting Paid to Talk (1 night – June 1st)
- How to Get Debt Free (1 night – May 25th)

Save money, save time – register online! www.brocktoncommunityschools.com

Brockton Community Schools ♦ 43 Crescent Street ♦ Brockton, MA 02301 ♦ (508) 580-7595

Published on 2/13/2011

This ad for Education & Vocational Training in Greater Boston Area may contain time-sensitive information and offers.

Please check with Brockton Community Schools to confirm availability.